



Breakfast and Lunch Ingredients List

Elementary Schools

The information contained in this list is reported by each of the manufacturers or vendors. Variations may occur due to the differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the school level, and/or season of the year. This information is effective as of February 21, 2023.

Single ingredient items, such as fruit, milk, vegetables, and rice, are not listed below. **Fresh fruit and vegetables along with other single ingredient items are offered daily.** For more information about these items, please contact Red Apple Dining.

Seminole County Public Schools and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided in our schools. We encourage anyone with food sensitivities, allergies or special dietary needs to check with <http://redappledining.com> on a regular basis to obtain the most current information. If your child has a special diet need due to a medical condition, please contact Kari King, MHS, RD at kingkn@myscps.us or Von Nguyen, MS, RD at von_nguyen@scps.k12.fl.us for more information. If you have specific questions or concerns with any of the products listed, please feel free to call or write:

Seminole County Public Schools
Red Apple Dining
400 East Lake Mary Blvd.
Sanford, FL 32773
407-320-0226

When searching for a specific item, use the CTRL + F keys on your keyboard and enter the item to expedite your search.

BREAKFAST INGREDIENTS

Applesauce (Monarch®)

Ingredients: Apples, water and unsweetened apple juice

Applesauce, Cup (Mott's® Natural)

Ingredients: Apples, water, ascorbic acid (vitamin c)

Bagels, Mini, Strawberry (Pillsbury®)

Ingredients: Whole wheat flour, water, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Neufchatel cheese (milk, cream, cheese culture, salt, carob bean gum), sugar, maltodextrin, soybean oil. contains less than 2% of: whey, yeast, salt, modified corn starch, corn starch, cream of tartar, methylcellulose, strawberry powder, beet powder color, natural flavor.

Contains: wheat and milk ingredients.

Biscuit, Whole Grain (Rich's®)

Ingredients: Whole wheat flour, buttermilk, enriched bleached wheat flour (wheat flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), palm oil, skim milk, leavening (sodium aluminum phosphate, baking soda), maltodextrin, contains less than 2% of the following: sugar, potassium chloride, modified cornstarch, water, soybean oil, artificial flavor, salt, soy lecithin. Contains: milk, soy, wheat. May contain eggs. Butter Cooking Spray (Vegalene®).

Butter Cooking Spray (Vegalene®)

Ingredients: Canola Oil, Capryllic/Capric Triglycerides, Natural and Artificial Butter Flavor, Salt, Phosphated Mono & Diglycerides, Beta Carotene (color), and Propellant.

Butter, Unsalted (Glenview Farms®)

Ingredients: Pasteurized cream, natural flavorings

Cereal, Cheerios (General Mills®) - for pre-K

Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Gluten Free. Does Not Contain Obligatory Allergens.

Cereal, Cinnamon Toast Crunch (General Mills®)

Ingredients: Whole grain wheat, sugar, rice flour, canola oil, fructose, maltodextrin, dextrose, salt, cinnamon, trisodium phosphate, soy lecithin, caramel color. BHT added to preserve freshness. Vitamins and minerals: calcium carbonate, vitamin c (sodium ascorbate), iron and zinc (mineral nutrients), a B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), vitamin B2 (riboflavin), a B vitamin (folic acid), vitamin B12, vitamin D3. Contains soy and wheat ingredients.

Cereal, Cinnamon Toast Crunch – Reduced Sugar (General Mills®) – for pre K

Ingredients: Whole Grain Wheat, Sugar, Rice Flour, Polydextrose, Canola and/or Sunflower Oil, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Contains wheat and soy ingredients.

Cereal, Froot Loops (Kellogg's®)

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of oat fiber, salt, soluble corn fiber, natural flavor, red 40, yellow 5, blue 1, yellow 6. Vitamins and Minerals: Vitamin C (ascorbic acid), reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12. Contains wheat ingredients.

Cereal, Honey Nut Cheerios (General Mills®)

Ingredients: Whole grain oats, sugar, corn starch, honey, brown sugar syrup, salt, tripotassium phosphate, canola oil, natural almond flavor. Vitamin E (mixed tocopherols) added to preserve freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Contains almond ingredients. Gluten-free

Cereal, Trix (General Mills®)

Ingredients: Whole Grain Corn, Corn Meal, Sugar, Corn Syrup, Canola Oil, Salt, Color (vegetable and fruit juice, turmeric extract, annatto extract), Trisodium Phosphate, Natural Flavor, Citric Acid, Malic Acid. Vitamins and Minerals: Calcium Carbonate, Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Does Not Contain Obligatory Allergens

Cheese Stick, Colby Jack (Bongards®)

Ingredients: Reduced fat Colby Cheese [Cultured pasteurized reduced-fat milk, salt, enzymes, annatto (color), Vitamin A Palmitate], reduced fat Monterey Jack Cheese (cultured pasteurized reduced-fat milk, salt, enzymes, vitamin A palmitate). Contains: Milk. Gluten-free

Cheese Stick, Mozzarella (Bongards®)

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes. Contains: milk. Gluten-free

Cheese, American (Bongards®)

Ingredients: Cultured milk, water, cream, dairy product solids*, sodium citrate, salt, potassium citrate, annatto and paprika (color), enzymes, sorbic acid (preservative), sunflower lecithin (anti-sticking agent). *ingredient not in regular pasteurized process American cheese. Contains: milk. Gluten-Free.

Chicken Biscuit

Ingredients: Biscuit, Whole Grain (Rich's®), Chicken Slider, Breaded (Rich Chicks®), Butter Cooking Spray (Vegalene®). *Optional:* Jelly, Grape (Heinz®)

Chicken Slider, Breaded (Rich Chicks®)

Ingredients: Chicken Breast with Rib Meat, Chicken Protein Solution (Water, Chicken Protein), Water, Seasoning (Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potassium Chloride, Salt, Spices, Sodium Bicarbonate, Garlic Powder, Yeast Extract, Ascorbic Acid, Citric Acid, Natural Flavors), Isolated Oat Product, Salt. **Breaded with:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Rice Flour (Rice, Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Rice Starch, Salt, Sodium Bicarbonate, Chicken Protein Solution (Water, Chicken Protein), Contains less than 2% of: Yellow Corn Flour, Corn Starch, Spices, Garlic Powder, Onion Powder, Green Bell Peppers, Green Bell Pepper Powder, Natural Flavor, Yeast Extract, Extractives of Paprika, Ascorbic Acid, Potassium Chloride, Cream of Tartar, Wheat Gluten, Cellulose Gum, Breading Set in Vegetable Oil. Contains: Wheat

Chicken, Tangerine (Asian Food Solutions®)

Ingredients: Diced Chicken Leg Meat, Water, Sodium Phosphates. **BATTERED AND BREADED WITH:** Whole Wheat Flour, Water, Corn Starch, Salt, Modified Corn Starch, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dextrose, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Garlic Powder, Onion Powder, Spices, Extractives of Paprika, Spice Extractives. **PREDUSTED WITH:** Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, Wheat Gluten, Dried Egg Whites, Salt, Sodium Acid Pyrophosphate, Leavening (Sodium Bicarbonate), Extractives of Paprika. **TANGERINE SAUCE:** Water, Brown Sugar, Distilled White Vinegar, Soy Sauce (Water, Soybeans, Salt, Wheat Flour), Contains Less Than 2% Of Tangerine Juice Concentrate, Spices, Garlic,

Crushed Chili Peppers, Yeast Extract, Citric Acid, Modified Corn Starch, Cultured Dextrose, Maltodextrin, Xanthan Gum. Allergens: Wheat, Eggs, and Soy.

Chicken Tenders (Rich Chicks®)

Ingredients: Chicken Breast with Rib Meat, Chicken Protein Solution (Water, Chicken Protein), Water, Seasoning (Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potassium Chloride, Salt, Spices, Sodium Bicarbonate, Garlic Powder, Yeast Extract, Ascorbic Acid, Citric Acid, Natural Flavors), Isolated Oat Product, Salt. Breaded with: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Rice Flour (Rice, Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Rice Starch, Salt, Sodium Bicarbonate, Chicken Protein Solution (Water, Chicken Protein), Contains less than 2% of: Yellow Corn Flour, Corn Starch, Spices, Garlic Powder, Onion Powder, Green Bell Peppers, Green Bell Pepper Powder, Natural Flavor, Yeast Extract, Extractives of Paprika, Ascorbic Acid, Potassium Chloride, Cream of Tartar, Wheat Gluten, Cellulose Gum, Breading Set in Vegetable Oil.

Contains: Wheat

Cracker, Blueberry Lemon Crispy Bites (Darlington®)

Ingredients: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Blueberry Flavored Bits (Sugar, Vegetable Oil [Palm, Palm Kernel], Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Natural Flavor, Malic Acid, Fruit and Vegetable Juice for Color, Soy Lecithin, Sodium Citrate), Soy Lecithin, Natural Flavor (Contains Milk), Soluble Corn Fiber, Applesauce (Apples, Ascorbic Acid), Salt, Baking Soda. Contains: Wheat, Soy & Milk. Produced in a Nut-Free bakery.

Craisins, Cherry (Ocean Spray®)

Ingredients: Cranberries, cane sugar, cherry juice concentrate, natural flavor. refined sunflower oil is used as a processing aid. Gluten-Free

Craisins, Strawberry (Ocean Spray®)

Ingredients: Cranberries, sugar, natural flavors. Refined sunflower oil is used as a processing aid. Gluten-Free

French Toast Sticks (Bake Crafters®)

Ingredients: Whole wheat bread (whole wheat flour, water, enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid], sugar, wheat gluten, yeast. contains 2% or less of each of the following: soybean oil, salt, calcium propionate [preservative], DATEM, soy lecithin), water, whole wheat batter (whole wheat flour, sugar, enriched wheat flour [wheat flour, niacin, iron, thiamine, riboflavin, folic acid], dextrose, modified cornstarch. contains 2% or less of each of the following: cinnamon, nutmeg, egg, skim milk, salt, soybean oil, natural and artificial flavor, leavening [sodium bicarbonate], corn syrup solids, modified cellulose, soy lecithin), coating (wheat flour, yellow corn flour, sugar, soy flour, leavening [monocalcium phosphate, sodium bicarbonate], dextrose, salt, yeast), soybean oil, cinnamon sugar (sugar,

cinnamon). contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

Granola, Homemade

Ingredients: Oatmeal (quick oats), syrup (Harvest Value®): corn syrup, water, natural & artificial maple flavor, salt, carboxymethyl cellulose, sodium benzoate and potassium sorbate (as preservatives), caramel color; sugar, light brown (Dixie Crystal®), vanilla flavoring (Monarch®), butter, unsalted (Glenview farms®), oil, vegetable - soybean (Monarch®).

Jelly, Grape (Heinz®)

Ingredients: Sugar, red grape juice (water, red grape juice concentrate), concord grape juice (water, concord grape juice concentrate), citric acid, pectin, potassium sorbate (preservative).

Juice Carton (Ardmore Farms®) - 100% Fruit Juice

Apple Juice - Ingredients: Filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate (To assure freshness). Gluten-free

Fruit Blend - Ingredients: Filtered water, apple, pineapple, orange and grape juice concentrates, natural flavor, malic acid. Gluten-free

Orange Juice - Ingredients: Filtered water, orange juice concentrate. Gluten-free

Juice Carton (Juicy Juice®) – 100% Fruit Juice

Apple Juice – Ingredients: Apple juice from concentrate (water, juice concentrate), ascorbic acid (vitamin C), citric acid.

Berry Juice – Ingredients: apple juice from concentrate (water, juice concentrate), pear juice from concentrate (water, juice concentrate), grape juice from concentrate (water, juice concentrate), raspberry juice from concentrate (water, juice concentrate), ascorbic acid (vitamin c), citric acid, natural flavors.

Orange Tangerine Juice - Ingredients: apple juice from concentrate (water, juice concentrate), pear juice from concentrate (water, juice concentrate), grape juice from concentrate (water, juice concentrate), orange juice from concentrate (water, juice concentrate), tangerine juice from concentrate (water, juice concentrate), ascorbic acid (vitamin c), natural flavors, citric acid.

Milk, Chocolate Fat-Free (TruMoo®)

Ingredients: Nonfat milk, sugar, cocoa (processed with alkali), cornstarch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D₃. Allergens: Milk.

Muffin, Blueberry (Chef Pierre®)

Ingredients: Wheat flour (whole wheat flour, enriched bleached flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid)), sugar, water, vegetable oil (soybean, canola), blueberries, eggs, contains 2% or less: maltodextrin, baking powder (corn starch, sodium aluminum phosphate, sodium bicarbonate and monocalcium phosphate), modified corn starch, salt, potassium sorbate (preservative), baking soda, mono- and diglycerides, xanthan gum, malic acid, sodium stearoyl lactylate, natural and artificial flavors.

Contains: wheat, egg

Pancake, Maple Mini (Bake Crafters®)

Ingredients: Water, whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, maple chips (sugar, wheat flour, soybean oil, cellulose gum, natural flavor), egg, buttermilk solids, dextrose, soybean oil, whey powder, natural maple flavor (water, propylene glycol, natural flavors), lecithin, baking soda, salt, sodium aluminum phosphate, mono calcium phosphate. Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

Peach Cup

Ingredients: Freestone peaches, sugar, ascorbic acid and citric added to retard oxidation

Peaches, canned, in Juice (Monarch®)

Ingredients: Peaches, water, pear juice concentrate. Gluten Free

Pears, canned, in Juice (Monarch®)

Ingredients: Bartlett pears, water, pear juice from concentrate

Pineapple Tidbits (Dole®)

Ingredients: Pineapple, sugar, water, citric acid

Salsa (Pace®)

Ingredients: crushed tomatoes (water, crushed tomato concentrate), jalapeno peppers, diced tomatoes in tomato juice, onions, distilled vinegar, salt, dehydrated onions, garlic, natural flavoring. Gluten free

Sausage Patty (Advanced Pierre®)

Ingredients: Ground pork (not more than 20% fat), seasoning (dextrose, flavorings, hydrolyzed corn protein, caramel color), water, salt, caramel color.

Scone

Ingredients: Scone, apple-cinnamon or lemon (FatCat®). *Optional:* Yogurt, Vanilla (Yoplait®)

Scone, Apple-Cinnamon (FatCat®)

Ingredients: Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, apple sauce (apples, water, ascorbic acid), apples, milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), Kortinji cinnamon and salt. Glaze: Powdered sugar. Contains Wheat, Milk (Butter). Fat Cat Bakery is a nut-free facility.

Scone, Lemon (FatCat®)

Ingredients: Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, apple sauce (apples, water, ascorbic acid), milk, butter, lemon peel (lemon peel, sugar, lemon oil), vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), lemon extract and salt. Glaze: Powdered sugar (sugar, corn starch), water, lemon peel (lemon peel, sugar, lemon oil) and lemon extract. Contains wheat, milk (butter). Fat Cat Bakery is a nut-free facility.

Strawberries & Blueberries Cup

Ingredients: Strawberries, blueberries, sugar

Strawberry Cup – Strawberries, sugar**Sugar, Light Brown (Dixie Crystal®)**

Ingredients: Brown Sugar, Cane Syrups

Syrup (Harvest Value®)

Ingredients: Corn syrup, water, natural & artificial maple flavor, salt, carboxymethyl cellulose, sodium benzoate and potassium sorbate (as preservatives), caramel color.

Syrup (Smucker's®)

Ingredients: Invert sugar, water, contains 2% or less of molasses, natural flavors, sea salt

Vanilla Flavoring (Monarch®)

Ingredients: Water, caramel color, artificial flavor, citric acid, sodium benzoate (preservative).

Waffle, Maple (Bake Crafters®)

Ingredients: Whole Wheat Flour Blend (Whole Wheat Flour & Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Soybean Oil, Sugar, Nonfat Milk, Eggs, Less than 2%: Soy Lecithin, Maple Bits (Sugar, Whole Wheat Flour, Soybean Oil, Natural Flavor, Cellulose Gum, Yeast Extract), Natural Maple Flavor, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Mono Calcium Phosphate), Salt, Wheat Bran. Contains egg, milk, soy, and wheat ingredients. Contains bioengineered food ingredients. This product is produced in a nut-free facility.

Yogurt, Strawberry Banana (Upstate Farms®)

Ingredients: Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Strawberries, Bananas, Modified Corn Starch, Whey, Natural Flavors, Purple Carrot Juice Concentrate, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (For Freshness), Citric Acid, Carob Bean Gum, Vitamin D3. Gluten-Free

Yogurt, Vanilla (Yoplait®)

Ingredients: Cultured Grade A low fat milk, sugar, modified corn starch. Contains less than 1% of: corn starch, potassium sorbate added to maintain freshness, natural flavor, Vitamin A acetate, Vitamin D3. Gluten-free

LUNCH INGREDIENTS**Apple Slices (Peterson Farms®)**

Ingredients: Apples, calcium ascorbate (to maintain freshness and color)

Apple Slices, canned (Harvest Value®)

Ingredients: Sliced apples, water

Warm Apple Topping for Waffles

Ingredients: Apple slices, canned (Harvest Value®), Sugar, Light Brown (Dixie Crystal®), Cinnamon

Applesauce (Monarch®)

Ingredients: Apples, water and unsweetened apple juice

Applesauce, Cup (Mott's® Natural)

Ingredients: Apples, water, ascorbic acid (vitamin c)

Apricot Cup

Ingredients: Apricots, sugar, ascorbic & citric acid

Beans, Baked

Ingredients: Beans, vegetarian (Furmano's®), BBQ Sauce (Sweet Baby Ray's®)

Beans, Vegetarian (Furmano's®)

Ingredients: White beans, water, sugar, tomato paste, salt, onion powder, garlic powder, spice

Beans, Black, Seasoned

Ingredients: Black Beans (Bush's®): Prepared black beans, water, salt, and calcium chloride (firming agent); fresh onions, fresh green peppers, chili powder, garlic powder, cumin, oregano, vinegar, black pepper, fresh cilantro, oil, vegetable - Soybean (Monarch®).

Beef Crumbles

Ingredients: Ground beef (no more than 20% fat, water, textured vegetable protein (soy protein concentrate, caramel color), potassium chloride, sugar, natural flavorings, salt, sodium phosphate, spice. Contains: Soy

Biscuit, Whole Grain (Rich's®)

Ingredients: Whole wheat flour, buttermilk, enriched bleached wheat flour (wheat flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), palm oil, skim milk, leavening (sodium aluminum phosphate, baking soda), maltodextrin, contains less than 2% of the following: sugar, potassium chloride, modified cornstarch, water, soybean oil, artificial flavor, salt, soy lecithin. Contains: milk, soy, wheat. May contain eggs; Butter Cooking Spray (Vegalene®).

Blueberry Topping for Waffles

Ingredients: Blueberries, corn starch (Argo®), sugar (Monarch®), fresh lemons, vanilla flavoring (Monarch®).

Bread, Flat Rounds (Rich's®)

Ingredients: Whole wheat flour, enriched unbleached wheat flour (wheat flour, malted barley flour, ascorbic acid added as a dough conditioner, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, soybean oil, contains less than 2% of the following: sugar, nonfat dry milk, salt, wheat gluten, sodium stearoyl lactylate, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), guar gum, enzymes. Contains: Milk, Wheat. May contain soy and sesame derived from bioengineering.

Bread, Sliced, Whole Grain (Flowers Foods®)

Ingredients: Water, whole wheat flour, unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, wheat gluten, contains 2% or less of each of the following: soybean oil, salt, yeast, cultured wheat flour, calcium sulfate, enzymes, ascorbic acid, soy flour, soy lecithin, monocalcium phosphate. Contains: wheat and soy

Breadstick, Garlic (Bake Crafters®)

Ingredients: Breadstick: Whole Wheat Flour, Enriched Flour ({Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Malted Barley Flour), Water, Soybean Oil, Sugar, Contains Less Than 2%: Salt, Potassium Chloride, Yeast, Ascorbic Acid (dough conditioner), Microbial Enzymes, Vegetable Protein. Spread: Vegetable Oil Blend (Soybean, Palm), Water, Crushed Garlic, Dried Garlic, Salt, Contains 2% Or Less: Sweet Cream Buttermilk, Monoglycerides, Natural Flavors, Onion Powder, Sunflower Lecithin, Spice, Garlic Extract, Lactic Acid, Beta-Carotene (for color). Contains milk and wheat ingredients. This product is processed in on a line that produces products with soy. This product is processed in a facility that produces products with eggs. This product is produced in a nut-free facility.

Bun, Hamburger, Whole Grain (Baked Crafters®)

Ingredients: Whole White Wheat Flour, Water, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Wheat Gluten, Soybean Oil. Contains 2% Or Less Of The Following: Salt, Calcium Sulfate, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Wheat Starch, Ascorbic Acid, Enzymes. Contains wheat ingredients. Contains bioengineered food ingredients. This product is processed on a line that produces products with sesame. This product is produced in a nut-free facility.

Bun, Hot Dog, Whole Grain (Baked Crafters®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat Flour, Thiamine Mononitrate, Niacin, Reduced Iron, Riboflavin, Folic Acid, Malted Barley Flour), Water, Sugar, Soybean Oil, Wheat Gluten, Salt, Yeast, Enzymes, Lecithin (soybean), Wheat Starch, Calcium Propionate, Calcium Sulfate, Ammonium Sulfate, Monocalcium Phosphate, Ascorbic Acid. Contains soy and wheat ingredients. Contains bioengineered food ingredients. This product is produced in a nut-free facility.

Burger, Beef (Advance Pierre®)

Ingredients: Ground Beef (Not More Than 20% Fat), Salt, Caramel Color.

Butter Cooking Spray (Vegalene®)

Ingredients: Canola Oil, Capryllic/Capric Triglycerides, Natural and Artificial Butter Flavor, Salt, Phosphated Mono & Diglycerides, Beta Carotene (color), and Propellant.

Butter, Unsalted (Glenview Farms®)

Ingredients: Pasteurized cream, natural flavorings. Contains: Milk.

Carrots, Honey Glazed

Ingredients: Fresh, baby whole carrots, honey, salt.

Cheese, American (Bongards®)

Ingredients: Cultured milk, water, cream, dairy product solids*, sodium citrate, salt, potassium citrate, annatto and paprika (color), enzymes, sorbic acid (preservative), sunflower lecithin (anti-sticking agent). *ingredient not in regular pasteurized process American cheese. Contains: milk. Gluten-Free.

Cheese, Cheddar, Shredded, Reduced Fat (Bongards®)

Ingredients: Pasteurized milk, salt, cheese cultures, enzymes, annatto (color), Vitamin A palmitate, powdered cellulose (anti-caking agent), natamycin (mold inhibitor). Contains: Milk

Cheese, Part Skim Mozzarella, Shredded (Bongards®)

Ingredients: Pasteurized part-skim milk, cheese cultures, salt, enzymes, powdered cellulose (anti-caking agent), natamycin (mold inhibitor). Contains: Milk

Cheese, Parmesan (Roseli®)

Ingredients: Parmesan cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes), powdered cellulose (anti-caking agent), potassium sorbate (preservative), titanium dioxide.
Contains: milk

Cheese Sauce Mix (Midas Foods®)

Ingredients: Dehydrated Cheddar Cheese (pasteurized milk, cheese culture, salt, enzymes), Maltodextrin, Modified Corn Starch, Whey, Nonfat Dry Milk, Buttermilk Solids, Salt, Natural Flavors, Sodium Phosphate, Lactic Acid, Soy Lecithin, Cellulose Gum, Titanium Dioxide, Autolyzed Yeast Extract, Sodium Citrate and Artificial Colors (Yellow 5, Yellow 6). Contains: milk, soy, wheat

Cheese Stick, Colby Jack (Bongards®)

Ingredients: Reduced fat Colby Cheese [Cultured pasteurized reduced-fat milk, salt, enzymes, annatto (color), Vitamin A Palmitate], reduced fat Monterey Jack Cheese (cultured pasteurized reduced-fat milk, salt, enzymes, vitamin A palmitate). Contains: Milk.
Gluten-free

Cheese Stick, Mozzarella (Bongards®)

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes. Contains: milk.
Gluten-free

Chicken, Boneless Wings (Rich Chicks®)

Ingredients: Chicken Breast with Rib Meat, Chicken Protein Solution (Water, Chicken Protein), Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Oat Isolate, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Spices, Garlic Powder, Hydrolyzed Wheat Gluten Protein, Soybean Oil (as a Processing Aid), Wheat Starch, Ascorbic Acid, Soy Flour, Extractives of Paprika, Natural Flavors. **Breaded and Battered with:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Salt, Contains less than 2% of Yellow Corn Flour, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Soybean Oil (As a Processing Aid), Spices, Garlic Powder, Hydrolyzed Wheat Gluten Protein, Egg Whites, Ascorbic Acid, Soy Flour, Extractives of Paprika, Natural Flavors, Spice Extractive, Cellulose Gum, Wheat Starch. Breading Set in Vegetable Oil. Contains: Wheat, Egg and Soy

Chicken, for Chicken Alfredo

Ingredients: Chicken, diced (Crider®), Italian seasoning (Monarch®), garlic powder, black pepper, oil, vegetable - soybean (Monarch®).

Chicken, Diced (Crider®)

Ingredients: White meat chicken, water, potato starch, carrageenan, xanthan gum, potassium phosphate, and sodium phosphate.

Chicken, Orange (Yang's®)

Ingredients: **Chicken:** Boneless, skinless chicken leg meat, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, ground ginger, garlic, green onion. **Sauce:** Water, sugar, vinegar, soy sauce (soybeans, wheat flour, water, salt, straw mushroom extractives), modified starch, mandarin orange juice and peel, chili powder, garlic, ginger, green onion. Allergens: Egg products, soy, wheat, and citrus

Chicken Nuggets, Breaded (Rich Chicks®)

Ingredients: Chicken Breast with Rib Meat, Soy Protein Concentrate, Chicken Protein Solution (Water, Chicken Protein), Water, Seasoning ((Salt, Hydrolyzed Corn Gluten, Onion Powder, Garlic Powder, Spices, Wheat Flour with not more than 2% Silicon Dioxide added to prevent caking), Salt Oat Isolate. **Breaded and Battered with:** Whole wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Salt, Contains less than 2% of Yellow Corn Flour, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Soybean Oil (As a Processing Aid), Garlic Powder, Hydrolyzed Wheat Gluten Protein, Spices, Egg Whites, Asorbic Acid, Soy Flour, Natural Extractives of Paprika, Natural Flavors, Spice Extractive, Cellulose Gum, Wheat Starch. Breeding Set in Vegetable Oil. Contains: Wheat, Egg and Soy.

Chicken Patty, Breaded 3 oz. (Rich Chicks®)

Ingredients: Chicken Breast with Rib Meat, Soy Protein Concentrate, Chicken Protein Solution (Water, Chicken Protein), Water, Salt, Isolated Oat Product. **Pre-dusted and Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Ascorbic Acid, Soy Flour, Extractives of Paprika, Natural Flavors. **Battered with:** Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Ascorbic Acid, Spice Extractive, Cellulose Gum. Breeding Set in Vegetable Oil. Contains: Wheat, egg and soy.

Chips, Baked! Lay's BBQ Potato Crisps (Frito Lay®)

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Onion Powder, Maltodextrin (Made from Corn), Dextrose, Brown Sugar, Molasses, Spices, Fructose, Tomato Powder, Garlic Powder, Yeast, Soybean Oil, Natural Flavors (Contains Milk), Sunflower Oil, Paprika, Acacia Gum, Paprika Extracts, Annatto Extracts and Caramel Color. Contains milk and soy ingredients. Gluten free

Chips, Oven Baked Crunchy Cheese Cheetos (Frito Lay®)

Ingredients: Whole corn meal, enriched corn meal (corn meal, ferrous sulfate, niacin, thiamin mononitrate, riboflavin, folic acid), vegetable oil (corn, canola, and/or sunflower oil), whey, cheddar cheese (milk, cheese cultures, salt, enzymes), salt, maltodextrin (made from corn), natural and artificial flavors, whey protein concentrate, monosodium glutamate, lactic acid, citric acid, and artificial color (yellow 6). Contains milk ingredients. Gluten free

Chips, Oven Baked Cheese Puffs Cheetos (Frito Lay®)

Ingredients: Whole Cornmeal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Sea Minerals [Calcium Carbonate, Magnesium Carbonate], Canola Oil, Maltodextrin [Made From Corn], Salt, Whey Protein Concentrate, Monosodium Glutamate, Natural and Artificial Flavors, Lactic Acid, Citric Acid, Artificial Color [Yellow 6, Yellow 5]), Artificial Color (Yellow 6), and Salt. Contains milk ingredients. Gluten free.

Chips, Reduced Fat Doritos, Cool Ranch (Frito Lay®)

Ingredients: Whole corn, corn, vegetable oil (corn, canola, and/or sunflower oil), corn bran, salt, corn starch, tomato powder, lactose, whey, skim milk, onion powder, sugar, garlic powder, monosodium glutamate, maltodextrin (made from corn), cheddar cheese (milk, cheese cultures, salt, enzymes), dextrose, malic acid, corn syrup solids, buttermilk, natural and artificial flavors, sodium acetate, artificial color (red 40, blue 1, yellow 5), spice, citric acid, disodium inosinate, and disodium guanylate. Contains milk ingredients.

Chips, Reduced Fat Doritos, Flamas (Frito Lay®)

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Corn Bran, Salt, Citric Acid, Sugar, Monosodium Glutamate, Artificial Color (Red 40 Lake, Yellow 6 Lake), Hydrolyzed Corn Protein, Yeast Extract, Sodium Diacetate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Natural Flavor, Onion Powder, Whey, Corn Syrup Solids, Garlic Powder, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Whey Protein Concentrate, Disodium Inosinate, and Disodium Guanylate. Contains: milk ingredients.

Chips, Reduced Fat Doritos Nacho Cheese (Frito Lay®)

Ingredients: Whole corn, corn, vegetable oil (corn, canola, and/or sunflower oil), maltodextrin (made from corn), corn bran, salt, cheddar cheese (milk, cheese cultures, salt, enzymes), whey, monosodium glutamate, buttermilk, romano cheese (part-skim cow's milk, cheese cultures, salt, enzymes), whey protein concentrate, onion powder, corn flour, natural and artificial flavors, dextrose, tomato powder, lactose, spices, artificial color (yellow 6, yellow 5, red 40), lactic acid, citric acid, sugar, garlic powder, skim milk, red and green bell pepper powder, disodium inosinate, and disodium guanylate. Contains milk ingredients.

Chips, Reduced Fat Doritos Sweet Chili (Frito Lay®)

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Corn Bran, Sugar, Maltodextrin (Made from Corn), Monosodium Glutamate, Fructose, Salt, Sodium Diacetate, Soy Sauce (Soybeans, Wheat, Salt), Onion Powder, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Garlic Powder, Torula Yeast, Malic Acid, Paprika Extracts, Spices, Caramel Color, Disodium Inosinate, Disodium Guanylate, and Natural Flavor. Contains wheat and soy ingredients.

Chips, Tortilla (Del Pasado®)

Ingredients: Whole white corn (Treated with Hydrated Lime), vegetable oil (Corn, Cotton seed and/or Soybean Oil), sea salt. Manufactured in a facility that processes wheat. Manufactured in a facility that processes wheat.

Cookie, Chocolate Brownie (David's Cookies®)

Ingredients: Wheat flour blend (whole wheat flour, enriched wheat flour [wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), , brown sugar, sugar, corn syrup, eggs, cocoa processed with alkali, prune paste, water, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate), baking soda, salt. Allergens: egg, soy, wheat

Cookie, Chocolate Chip (David's Cookies®)

Ingredients: wheat flour blend (whole wheat flour, enriched wheat flour [wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), sugar, brown sugar, margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla), eggs, corn syrup, water, prune paste, dextrose, molasses, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate). Allergens: Egg, soy, wheat

Cookie, Fortune (Asian Food Solutions®)

Ingredients: Whole wheat flour (51%), enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid], sugar, water, soy lecithin, soybean oil and hydrogenated soybean oil, natural orange flavor, sodium bicarbonate. Contains: wheat and soy

Cookie, Sugar (David's Cookies®)

Ingredients: wheat flour blend (whole wheat flour, enriched wheat flour [wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), sugar, margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), corn syrup, eggs, water, dextrose, natural vanilla flavor, baking soda, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate), salt. Contains egg, soy, wheat.

Corn

Ingredients: Frozen corn, salt, sugar, butter cooking spray (Vegalene®), white low-fat milk (T.G Lee®).

Corn, Roasted

Ingredients: Corn, canned (corn, water); butter cooking spray (Vegalene®)

Cracker, Animal (Bake Crafters®)

Ingredients: Whole Wheat Flour, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Canola Oil, Natural Flavor, Salt, Baking Soda, Sunflower Lecithin. Contains wheat ingredients. This product is processed in a facility that produces products with coconut and soy. Contains bioengineered food ingredients.

Cracker, Cheez-it (Keebler®)

Ingredients: Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness). Contains 2% or less of salt, paprika, yeast, paprika extract color, turmeric extract color, annatto extract color, soy lecithin. Contains wheat, milk and soy ingredients.

Cracker, Educational Snack (Dick & Jane®)

Ingredients: Whole grain wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, sunflower oil, sunflower lecithin, salt, honey, leavening (baking soda), natural flavors, whole eggs, milk. Contains wheat, egg and milk. Processed in a facility that manufactures products containing soy. Baked and packed in a nut-free facility. Made with 100% NON-GMO ingredients.

Cracker, Goldfish Cheddar (Pepperidge Farm®)

Ingredients: Made with smiles and whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), cheddar cheese ([cultured milk, salt, enzymes], annatto), canola and/or sunflower oil, salt, contains 2% or less of: yeast, autolyzed yeast extract, paprika, spices, celery, baking soda, monocalcium phosphate, onion powder. contains: wheat, milk.

Cracker, Goldfish Pretzel (Pepperidge Farm®)

Ingredients: Made with smiles and enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oils (canola, sunflower and/or soybean), salt, contains 2% or less of: baking powder (sodium acid pyrophosphate, baking soda, monocalcium phosphate), malted barley flour, dextrose, nonfat milk. Contains: Wheat, Milk.

Craisins, Cherry (Ocean Spray®)

Ingredients: Cranberries, Cane Sugar, Cherry Juice Concentrate, Natural Flavor. Refined sunflower oil is used as a processing aid. Gluten Free

Craisins, Strawberry (Ocean Spray®)

Ingredients: Cranberries, sugar, natural flavors. Refined sunflower oil is used as a processing aid. Gluten Free

Dressing, Light Ranch, Dip Cup (Ken's)

Ingredients: Cultured buttermilk, water, vegetable oil (soybean and/or canola), distilled vinegar, egg yolk, contains less than 2% of salt, corn starch, sugar, disodium inosinate and disodium guanylate, nonfat milk powder, onion,* xanthan gum, nonfat milk solids, sorbic acid (preservative), lactic acid, spice, cream, garlic,* whey, vinegar powder, mustard flour, guar gum, sour cream powder, milk, dipotassium phosphate, natural flavor, citric acid.

*Dried. Contains egg, milk. Gluten Free

Eggs, Scrambled

Ingredients: **Eggs:** whole eggs, citric acid 0.15 percent water as a carrier, added as a preservative; **White Milk** (TG Lee®); **Butter Cooking Spray** (Vegalene®), **Butter, Unsalted** (Glenview Farms®), **Salt.**

Fruit, Mixed (Monarch®)

Ingredients: Diced peaches, diced pears, water, grapes, sugar

Granola Bar, Chewy Cookies & Cream (Quaker®)

Ingredients: Granola (whole grain oats, brown sugar, brown rice crisp [whole grain brown rice flour, sugar, salt], whole grain wheat, soybean oil, whole wheat flour, baking soda, soy lecithin, nonfat dry milk), brown rice crisp (whole grain brown rice flour, sugar, salt), corn syrup, chocolate flavored cookie pieces (whole wheat flour, sugar, palm oil, cocoa (processed with alkali), salt, dextrose, baking soda, soy lecithin), confectionary chips (sugar, palm kernel and palm oil, whey, nonfat dry milk, dextrose, soy lecithin, salt, natural flavor), corn syrup solids, inulin, polydextrose, sunflower oil, glycerin. contains 2% or less of: calcium carbonate, invert sugar, fructose, salt, natural flavor, soy lecithin, molasses, tocopherols (to preserve freshness), soybean oil. Contains milk, soy and wheat ingredients. May contain traces of peanut and tree nuts.

Gravy, Kentucky Style (Midas®)

Ingredients: Modified corn starch, wheat flour, salt, chicken fat with extract of rosemary, yeast extract, dipotassium phosphate, natural flavors, onion powder, caramel color (contains sulfites), xanthan gum, spice, natural extractives of black pepper.

Contains: Wheat

Ham, Turkey Sliced (Jennie-O®)

Ingredients: Turkey thigh meat with a portion of ground turkey thigh trim added, vinegar, sugar, contains 2% or less sea salt, cultured celery powder, salt, potassium chloride, baking soda, natural smoke flavor. Contains no allergens or gluten.

Hot Dog, Beef (Cloverdale®)

Ingredients: Beef, water, contains 2% or less of turbinado sugar, sea salt, natural flavorings, vinegar, celery powder, cherry powder, paprika, extractives of paprika. Gluten free

Ice Cream, Birthday Cake Yogurt Dessert Cup (Hershey's®)

Ingredients: Nonfat milk, sugar, corn syrup, whey protein concentrate, cultured dairy solids, mono & diglycerides, natural flavors, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, cream, spirulina extract (color), annatto extract (color). Live cultures added. Contains: milk. Made with gluten-free ingredients

Ice Cream, Brownie Batter Sandwich (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cocoa [processed with alkali], cellulose gel, mono & diglycerides, cellulose gum, maltodextrin, natural and artificial flavor, polysorbate 80, carrageenan, vitamin a palmitate), wafer (bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, cocoa, high fructose corn syrup, baking soda, modified corn starch, salt, mono & diglycerides, soy lecithin). Contains: milk, soy, wheat.

Ice Cream, Carnival Cotton Candy Frozen Yogurt Bar (Hershey's®)

Ingredients: Nonfat milk, sugar, corn syrup, cream, whey protein concentrate, cultured dairy solids, mono & diglycerides, natural flavor, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, spirulina extract (color), red beet concentrate (color). Live cultures added. Made with gluten-free ingredients.

Ice Cream, Chocolate and Vanilla Twist Cone (Hershey's®)

Ingredients: Low fat ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, cocoa [processed with alkali], mono & diglycerides, cellulose gum, maltodextrin, polysorbate 80, artificial vanilla flavor, carrageenan, vitamin a palmitate), sugar cone (bleached wheat flour, sugar, vegetable shortening [soybean oil, palm oil, soy lecithin], salt, caramel color, artificial flavor), chocolate sprinkles (sugar, corn starch, palm oil, palm kernel oil, cocoa [processed with alkali], sunflower lecithin, dextrin, confectioner's glaze, natural and artificial flavor, carnauba wax). Contains: milk, soy, wheat

Ice Cream, Chocolate Dessert Cup (Hershey's®)

Ingredients: Low fat ice cream (fat free milk, sugar, corn syrup solids, corn syrup, cream, whey, water, cocoa [processed with alkali], chocolate liquor, amylase enzyme, locust bean gum, guar gum, carrageenan, mono & diglycerides, polysorbate 80, vitamin a palmitate). Contains: milk. Made with gluten-free ingredients

Ice Cream, Vanilla Dessert Cup (Hershey's®)

Ingredients: Low fat ice cream (fat free milk, sugar, corn syrup solids, cream, whey, locust bean gum, natural vanilla flavor, guar gum, carrageenan, mono & diglycerides, polysorbate 80, vitamin a palmitate). Contains: milk. Made with gluten-free ingredients

Ice Cream, Chocolate Scooter Bar (Hershey's®)

Ingredients: Nonfat ice cream (nonfat milk, sugar, corn syrup, whey, high fructose corn syrup, maltodextrin, mono & diglycerides, locust bean gum, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, water, vitamin a palmitate), flavored center (water, sugar, cocoa [processed with alkali], whey, dextrose, caramel color, locust bean gum, carrageenan, artificial flavor, red 40, blue 1), crunch coating (cake crunches [bleached wheat flour, sugar, palm oil, caramel color, cocoa, salt, baking soda, artificial flavor], nonfat milk powder, soybean oil, coconut oil, soy lecithin, vanillin). Contains: milk, soy, wheat.

Ice Cream, Cookies & Cream Cone (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, chocolate cookie crumb (enriched flour [wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid], sugar, cocoa processed with alkali, soybean and/or palm oils, high fructose corn syrup, chocolate liquor, salt, corn flour, dextrose, sodium bicarbonate, soy lecithin), corn syrup, whey, chocolate crunch (bleached wheat flour, sugar, caramel color, palm oil, contains 2% or less of: cocoa, baking soda, salt, soy lecithin), cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, calcium bicarbonate, natural & artificial flavor.

Cone ingredients: bleached wheat flour, sugar, cocoa (processed with alkali), contains 2% or less of: vegetable shortening (soybean and/or palm oil) salt, artificial flavor. Contains: milk, wheat, soy

Ice Cream, Cookies and Cream Sandwich (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, chocolate cookie crumb (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, cocoa [processed with alkali], palm oil, high fructose corn syrup, chocolate liquor, salt, corn flour, dextrose, baking soda, soy lecithin), cellulose gel, mono & diglycerides, cellulose gum, maltodextrin, polysorbate 80, carrageenan, natural and artificial flavor, vitamin a palmitate), wafer (bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, cocoa, high fructose corn syrup, baking soda, modified corn starch, salt, mono & diglycerides, soy lecithin). Contains: milk, soy, wheat.

Ice cream, Cotton Candy Twister Cup (Hershey's®)

Ingredients: Nonfat milk, sugar, corn syrup, natural flavor, whey protein concentrate, cultured dairy solids, mono & diglycerides, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, cream, red beet concentrate (color), spirulina (color). live cultures added. Contains: milk. Made with gluten-free ingredients

Ice Cream, Crazy Cone (Hershey's®)

Ingredients: Low fat ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, artificial flavor, mono & diglycerides, cellulose gum, maltodextrin, polysorbate 80, carrageenan, vitamin a palmitate, yellow 5, blue 1), sugar cone (bleached wheat flour, sugar, vegetable shortening [soybean oil, palm oil, soy lecithin], salt, caramel color, artificial flavor). Contains: milk, soy, wheat.

Ice Cream, Fudge-O Bar (Hershey's®)

Ingredients: Nonfat milk, high fructose corn syrup, corn syrup, whey, cocoa (processed with alkali), mono & diglycerides, guar gum, polysorbate 80, carrageenan, artificial vanilla flavor. Contains: milk. Made with gluten-free ingredients

Ice Cream, Llama Party Sandwich (Hershey's®)

Ingredients: Cupcake ice cream (nonfat milk, sugar, corn syrup, whey, cream, cupcake flavor (sugar, water, tapioca syrup, natural flavor, corn starch, salt, turmeric [color], cellulose gel, mono & diglycerides, cellulose gum, maltodextrin, polysorbate 80, carrageenan, spirulina [color], annatto [color], vitamin a palmitate), wafer (wheat flour, sugar, palm oil, salt, brown rice syrup, baking soda, soy lecithin, natural flavor), rainbow sprinkles (sugar, corn starch, palm oil, palm kernel oil, sunflower lecithin, natural flavor, spirulina [color], riboflavin [color], vegetable juices [color], annatto [color], carnauba wax). Contains: milk, soy, wheat.

Ice Cream, Low Fat Strawberry Sundae Cup (Hershey's®)

Ingredients: Low fat ice cream (fat free milk, sugar, corn syrup solids, cream, whey, locust bean gum, guar gum, carrageenan, mono & diglycerides, polysorbate 80, vitamin A palmitate), strawberry sauce (sugar, corn syrup, water, strawberry, carrageenan, corn starch, citric acid, dextrose, locust bean gum, pectin, natural flavors, fruit and vegetable juice [color]). Contains: milk. Made with gluten-free ingredients

Ice Cream, Minty Mint Sandwich (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, natural mint flavor, artificial colors fd & c yellow #5 & 6, blue 1 and vitamin a palmitate), wafers (bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, contains 2% or less of: high fructose corn syrup, corn syrup, baking soda, modified cornstarch, salt, mono & diglycerides, soy lecithin, cocoa).contains: milk, wheat and soy.

Ice Cream, Orange Blossom Bar

Ingredients: Orange sherbet (sugar, whey, high fructose corn syrup, corn syrup, orange puree [water, orange juice concentrate, natural flavor, orange pulp, gum tragacanth, yellow 6, citric acid], mono & diglycerides, guar gum, polysorbate 80, carrageen), low fat ice cream (nonfat milk, sugar, corn syrup, whey, cream, artificial flavor, cellulose gel, mono- & diglycerides, cellulose gum, maltodextrin, polysorbate 80, sodium chloride, citric acid, carrageenan, vitamin a palmitate). Contains: milk. Made with gluten-free ingredients

Ice Cream, Polar Blast Fruit Punch Bar (Hershey's®)

Ingredients: Apple juice (water, apple juice concentrate), sugar, corn syrup, citric acid, natural & artificial flavor, ascorbic acid, locust bean gum, guar gum, carrageenan, red 40. Made with gluten-free ingredients

Ice Cream, Sour Apple Twister Cup (Hershey's)

Ingredients: Apple juice (water, concentrated apple juice), sugar, corn syrup, citric acid, natural & artificial flavors, ascorbic acid, guar & carob gums, mono & diglycerides, polysorbate 80, carrageenan, artificial flavor and artificial color FD & C blue #1.

Ice Cream, Sour Artic Apple Polar Blast Juice Bar (Hershey's)

Ingredients: Apple juice (water, apple juice concentrate), sugar, corn syrup, citric acid, ascorbic acid, spirulina extract (color), annatto (color), locust bean gum, guar gum, carrageenan. Made with gluten-free ingredients

Ice Cream, Sour Blue Raspberry Twister Cup (Hershey's®)

Ingredients: Apple juice (water, apple juice concentrate), sugar, corn syrup, carob bean gum, modified cellulose, guar gum, dextrose, citric acid, artificial flavor, blue 1, ascorbic acid. Made with gluten-free ingredients

Ice Cream, Strawberry Scooter Bar (Hershey's®)

Ingredients: Nonfat ice cream (nonfat milk, sugar, corn syrup, whey, artificial flavor, high fructose corn syrup, maltodextrin, mono & diglycerides, locust bean gum, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, water, vitamin a palmitate), flavored center (water, sugar, dextrose, malic acid, artificial flavor, locust bean gum, carob bean gum, guar gum, modified cellulose, propylene glycol alginate, red 40, adipic acid), crunch coating (cake crunches [bleaches wheat flour, sugar, palm oil, salt, baking soda, artificial flavor, soy lecithin, red 3], nonfat milk powder, soybean oil, coconut oil, soy lecithin, vanillin). Contains: milk, soy, wheat.

Ice Cream, Vanilla Sandwich (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, artificial flavor, cellulose gel, mono & diglycerides, cellulose gum, maltodextrin, polysorbate 80, carrageenan, vitamin a palmitate), wafer (bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, cocoa, high fructose corn syrup, baking soda, modified corn starch, salt, mono & diglycerides, soy lecithin). Contains: milk, soy, wheat.

Juice Carton (Ardmore Farms®) - 100% Fruit Juice

Apple Juice - Ingredients: Filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate (To assure freshness). Gluten-free

Fruit Blend - Ingredients: Filtered water, apple, pineapple, orange and grape juice concentrates, natural flavor, malic acid. Gluten-free

Orange Juice - Ingredients: Filtered water, orange juice concentrate. Gluten-free

Juice Carton (Juicy Juice®) – 100% Fruit Juice

Apple Juice – Ingredients: Apple juice from concentrate (water, juice concentrate), ascorbic acid (vitamin C), citric acid

Berry Juice – Ingredients: apple juice from concentrate (water, juice concentrate), pear juice from concentrate (water, juice concentrate), grape juice from concentrate (water, juice concentrate), raspberry juice from concentrate (water, juice concentrate), ascorbic acid (vitamin c), citric acid, natural flavors

Orange Tangerine Juice - Ingredients: apple juice from concentrate (water, juice concentrate), pear juice from concentrate (water, juice concentrate), grape juice from concentrate (water, juice concentrate), orange juice from concentrate (water, juice concentrate), tangerine juice from concentrate (water, juice concentrate), ascorbic acid (vitamin c), natural flavors, citric acid

Juice Rush, Cherry Blue Raspberry (Hershey's®)

Ingredients: Fruit juice (water, apple juice concentrate), artificial flavoring, citric acid, artificial color: FD & C Red #40, blue #1, less than 2% of: xanthan gum, cellulose gum and guar gum. Made with gluten-free ingredients

Juice Rush, Lemon Orange (Hershey's®)

Ingredients: Fruit juice (water, apple juice concentrate), natural flavoring, citric acid, artificial coloring: fd & c red #40, yellow #6, less than 2% of: xanthan gum, cellulose gum and guar gum.

Juice Rush, Strawberry Mango (Hershey's®)

Ingredients: Fruit juice (water, apple juice concentrate), natural flavoring, natural coloring, beta carotene and citric acid, less than 2% of: xanthan gum, cellulose gum, gum tragacanth and guar gum. Made with gluten-free ingredients

Ketchup, Dispenser (Heinz®)

Ingredients: Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

Ketchup, Packet (Heinz®)

Ingredients: Tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, potassium chloride, salt, spice, onion powder, natural flavoring. Derived from bioengineered ingredients.

Lettuce and Cheese Cup

Ingredients: Cheddar Cheese, Shredded, Reduced Fat (Bongards®), Lettuce, Shredded

Lunchedible, Pizza

Ingredients: Bread, flat rounds (Rich's®), Part skim mozzarella cheese, shredded (Bongard's®), Pizza sauce (7/11®), Sugar.

Lunchedible, Turkey & Cheese

Ingredients: Bread, Flat Rounds (Rich's®), Cheese, American Sliced (Bongards®), Turkey, Sliced (Jennie-O®). *Optional:* Mustard (Heinz®), Mayonnaise (Heinz®)

Macaroni and Cheese Side

Ingredients: Pasta, Elbow Macaroni (Roseli®), Cheese Sauce Mix (Midas Foods®) Cheddar Cheese, Reduced Fat (Bongards®), Milk (TG Lee®).

Mashed Potatoes, Original Butter (Basic American®)

Ingredients: Potatoes, canola oil, contains 2% or less of: salt, potassium chloride, mono and diglycerides, artificial color, natural and artificial flavors (milk), freshness preserved with: sodium bisulfite, sodium acid pyrophosphate, citric acid, BHT. Contains milk or milk derivatives, sulfites or sulfite derivatives. Gluten-Free

Mayonnaise, Dispenser (Heinz®)

Ingredients: Soybean oil, distilled white vinegar, water, egg yolks, salt, sugar, mustard flour, onion powder, lemon juice concentrate, calcium disodium edta added to protect flavor, natural flavor.

Mayonnaise, Packet (Heinz®)

Ingredients: Soybean oil, white distilled vinegar, corn syrup, water, egg yolks, salt, lemon juice concentrate, calcium disodium edta added to protect flavor.

Milk, Chocolate Fat-Free (TruMoo®)

Ingredients: Nonfat milk, sugar, cocoa (processed with alkali), cornstarch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D₃. Allergens: Milk.

Mustard, Dispenser (Heinz®)

Ingredients: Distilled white vinegar, water, mustard seed, mustard bran, salt, turmeric, spices

Mustard, Packet (Heinz®)

Ingredients: Water, distilled vinegar, mustard seed, salt, turmeric, spices.

Mustard, Packet (Monarch®)

Ingredients: Distilled vinegar, water, mustard seed, salt, tumeric, oleoresin paprika, spices

Noodles, Lo Mein Spicy

Ingredients: **Pasta, Spaghetti (Roseli®), Sauce, Sweet Chili (Sweet Baby Ray's®):** High Fructose Corn Syrup, Sugar, water, Distilled Vinegar, Soy Sauce (Water, wheat, Soybeans, Salt), Aged Cayenne Red Pepper, Sriracha Chili Sauce (Red Chili, Distilled Vinegar, Sugar, Salt, Garlic, Acetic Acid, Lactic Acid, Red Chili Powder, Xanthan Gum), Modified Corn Starch, Contains Less Than 2% Of Salt, Vegetable Oil (Soybean And/or Canola), Garlic, * Red Bell Pepper, Spice, Red Bell Pepper, * Chili De Arbol Pepper, *Chicken Meat With Natural Juices, Potassium Sorbate And Sodium Benzoate (Preservatives), Xanthan Gum, Organic Cane Sugar, Maltodextrin, Yeast Extract, Chicken Fat, Paprika, Onion Powder, Turmeric, Natural Flavor, Spice Extractives, Sulfiting Agents. *Dried. Contains Soy, Wheat; **Sauce, Soy Less Sodium (Kikkoman®):** Water, wheat, soybeans, salt, lactic acid, sodium benzoate; less than 1/10 of 1% as a preservative; **Oil, Vegetable - Soybean (Monarch®), Juice, Apple (Ardmore Farms®):** Filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate (To assure freshness).

Oil, Vegetable - Soybean (Monarch®)

Ingredients: Soybean oil

Pancake, Maple Mini (Bake Crafters®)

Ingredients: Water, whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, maple chips (sugar, wheat flour, soybean oil, cellulose gum, natural flavor), egg, buttermilk solids, dextrose, soybean oil, whey powder, natural maple flavor (water, propylene glycol, natural flavors), lecithin, baking soda, salt, sodium aluminum phosphate, mono calcium phosphate. Contains egg, milk, soy, and wheat ingredients. Contains bioengineered food ingredients. This product is produced in a nut-free facility.

Pasta, Elbow (Roseli®)

Ingredients: Whole Durum Wheat Flour, durum wheat semolina, durum wheat flour, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, and folic acid. Contains: wheat. Manufactured in a facility that uses eggs.

Pasta, Penne (Roseli®)

Ingredients: Whole wheat durum flour, durum wheat semolina and durum wheat flour {enriched with iron (ferrous sulfate) and b vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)}. Manufactured in a facility that uses eggs.

Pasta, Penne, for Chicken Alfredo

Ingredients: Whole wheat durum flour, durum wheat semolina and durum wheat flour {enriched with iron (ferrous sulfate) and b vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)}; oil, vegetable - soybean (monarch®).

Pasta, Spaghetti (Roseli®)

Ingredients: whole wheat durum flour, durum wheat semolina and durum wheat flour (enriched with iron (ferrous sulfate) and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid). Manufactured in a facility that uses eggs.

Peach Cup

Ingredients: Freestone peaches, sugar, ascorbic acid and citric added to retard oxidation.

Peaches, canned, in Juice (Monarch®)

Ingredients: Peaches, water, pear juice concentrate. Gluten Free

Pears, canned, in Juice (Monarch®)

Ingredients: Bartlett pears, water, pear juice from concentrate

Pepperoni (Hormel®)

Ingredients: Pork and beef, salt, contains 2% or less of water, dextrose, spices, lactic acid starter culture, oleoresin of paprika, garlic powder, sodium nitrite, citric acid, bha, bht

Pineapple Tidbits (Dole®)

Ingredients: Pineapple, sugar, water, citric acid

Pizza

Cheese

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (7/11®), part skim mozzarella cheese, shredded (Bongard's®), garlic powder, oregano.

Chicken Alfredo

Ingredients: Pizza crust (Tubito's Pizza®), sauce, alfredo (Midas®), part skim mozzarella cheese, shredded (Bongard's®), chicken, diced (Crider®), Italian seasoning (Monarch®), garlic powder, black pepper, unsalted butter (Glenview Farms®).

Italian Beef

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (7/11®), part skim mozzarella cheese, shredded (Bongard's®), beef crumbles, Italian seasoning (Monarch®), garlic powder, black pepper.

Pepperoni

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (7/11®), part skim mozzarella cheese, shredded (Bongard's®), pepperoni (Hormel®), garlic powder, oregano.

Pizza Crust, 14" (Tubito's Pizza®)

Ingredients: Water, whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein, soybean oil, sugar, salt, dough conditioner (sodium bicarbonate, monocalcium, phosphate, l-cysteine, enzymes), yeast. Contains: Wheat, Soy

Potato, Home Fries

Ingredients: **Potato, hash brown cubes** (Ore-Ida®): potatoes, vegetable oil (contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn), contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color; **Unsalted Butter** (Glenview Farms®), **Butter Cooking Spray** (Vegalene®), **Pepper, Salt**.

Rice Krispies Treats, Mini (Kellogg's®)

Ingredients: Whole grain brown rice, corn syrup, fructose, vegetable oil (soybean and palm oil with TBHQ for freshness), sugar, corn syrup solids. Contains 2% or less of vegetable glycerin, dextrose, salt, gelatin, natural and artificial flavors (contains milk), DATEM, acetylated monoglycerides, reduced iron, vitamin B1 (thiamin hydrochloride), niacinamide, vitamin B6 (pyridoxine hydrochloride), folic acid, calcium pantothenate, soy lecithin, BHT for freshness. Contains: milk or milk derivatives, soybeans or soybean derivatives.

Rips Juice Slush, Blue Raspberry (Cool Tropics®)

Ingredients: Water, pear juice concentrate, apple juice concentrate, maltodextrin, artificial flavor, citric acid, ascorbic acid (vitamin C), cellulose gum, gum Arabic, vitamin A palmitate, vitamin D 3. Gluten-free

Rips Juice Slush, Kiwi Strawberry (Cool Tropics®)

Ingredients: Water, pear juice concentrate, apple juice concentrate, maltodextrin, natural flavor, citric acid, ascorbic acid (vitamin C), cellulose gum, vitamin A palmitate, vitamin D 3. Gluten-free

Roll, Dinner (Bake Crafters®)

Ingredients: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid [As A Dough Conditioner] Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Sugar, Contains Less Than 2% Of Each Of The Following: Salt, Cracked Wheat, Wheat Gluten, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Soybean Oil, Enzymes, Vegetable Protein (Corn Based), Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate (as a mold Inhibitor). Contains wheat ingredients. This product is processed in a facility that produces products with milk, sesame, soy. This product is produced in a nut-free facility.

Roll, Sub (Bake Crafters®)

Ingredients: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid [as a dough conditioner], Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains 2% or less of the Following Ingredients; Salt, Sugar, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Wheat Gluten, Soybean Oil, Enzymes, Vegetable Protein (Corn Based), Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate (as a mold inhibitor). Contains wheat ingredients. This product is processed in a facility that produces products with milk, sesame and soy. This product is produced in a nut-free facility.

Salad, Chef

Ingredients: Lettuce (iceberg, romaine), spinach, tomato, cucumber and carrots with turkey or turkey-ham, sliced (Jennie-O®) and cheese, cheddar reduced fat (Bongards) or hard-boiled egg (Glenview Farms) and cheese, cheddar reduced fat (Bongards). Served with an assorted cracker of the week. Ranch or Italian dressing available.

Salsa (Pace®)

Ingredients: Crushed tomatoes (water, crushed tomato concentrate), jalapeno peppers, diced tomatoes in tomato juice, onions, distilled vinegar, salt, dehydrated onions, garlic, natural flavoring. Gluten-free

Sandwich, Grilled Cheese

Ingredients: **Bread, Sliced, Whole Grain** (Flowers Foods®), **Cheese, American** (Bongards®), **Butter Cooking Spray** (Vegalene®).

Sandwich, Rib-b-que

Ingredients: **Rib-b-que Patty** (Tyson®): Ground Pork (Not More Than 30% Fat), Honey; Barbecue Sauce [High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Water, Corn Syrup, Honey, Molasses, Salt, Contains Less Than 2% Of: Natural Flavor, Food Starch-Modified, Natural Hickory Smoke Flavor, Spices, Onion Powder, Garlic Powder, Sodium Benzoate (Preservative), Caramel Color, Carrot Extract (Color), Paprika (Color)], Water, Textured Vegetable Protein Product [Soy Protein Concentrate; Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Seasoning {Tomato Powder, Dextrose, Brown Sugar, Artificial Vinegar [Malic Acid, Sodium Acetate, Lactose, Fumaric Acid, Artificial Flavor], worcestershire Sauce Powder [Corn Syrup Solids, Salt, Garlic Powder, Sugar, Spices, Soy Sauce Solids (Wheat, Soybeans, Salt, Maltodextrin, Caramel Color), Tamarind, Natural Flavor], Spices, Spice Extractive, Onion Powder, Natural Smoke Flavor, Garlic Powder}, Honey, Salt, And Sodium Phosphates. Contains: Milk, Soy, Wheat. **Bun, Hamburger, Whole Grain** (Baked Crafters®). *Optional:* Lettuce Cup.

Sauce, Barbeque (Sweet Baby Ray's®)

Ingredients: High fructose corn syrup, distilled vinegar, tomato paste, modified corn starch, Contains less than 2% of salt, pineapple juice concentrate, natural smoke flavor, spice, caramel color, molasses, sodium benzoate (preservative), garlic,* mustard, corn syrup, sugar, tamarind, natural flavor, celery seed. *dried. Gluten-free

Sauce, Barbeque, Dip Cup (Taste Pleasers®)

Ingredients: Distilled white vinegar, tomato puree (tomato paste, water), high fructose corn syrup, corn syrup, salt, modified food starch, natural flavors, spices (contains mustard, celery), caramel color, potassium sorbate and sodium benzoate (as preservatives). Derived from bioengineered ingredients.

Sauce, Chicken Alfredo

Ingredients: **Alfredo sauce (Midas®)**: Ingredients: Milk, Parmesan Cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), Romano Cheese (part-skim milk, cheese culture, salt, enzymes), Food Starch – Modified, Coconut Oil, Buttermilk, Salt. Less than 2% Garlic Powder, Spice, Yeast Extract, Maltodextrin, Soy Lecithin, Sodium Caseinate (milk derivative), Sodium Phosphate, Lactic Acid, Mono and Diglycerides, Xanthan Gum, FD&C Yellow #5,FD&C Yellow #6. Contains: milk, soy, gluten (barley), FD & C yellow #5, FD&C yellow #6; **Butter, unsalted** (Glenview Farms®).

Sauce, Honey Mustard, Dip Cup (Heinz®)

Ingredients: Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric, Spices), Distilled White Vinegar, High Fructose Corn Syrup, Sugar, Honey, Modified Corn Starch, Mustard Flour, Water, Molasses, Corn Syrup, Xanthan Gum, Invert Sugar, Apple Juice Concentrate, Caramel Color, Lactic Acid, Spice, Natural Flavor, Salt, Sodium Benzoate As A Preservative. Derived from bioengineered ingredients.

Sauce, Honey Mustard, Dip Cup (Monarch®)

Ingredients: Soybean Oil, High Fructose Corn Syrup, Water, Honey, Distilled and Cider Vinegar, Sugar, Prepared Horseradish(Horseradish, Water, Vinegar, Soybean Oil, Salt, Artificial Flavoring), Egg Yolks, Salt, Mustard Seed, Spices, Paprika, Oleoresin Paprika, Natural Flavor, Turmeric, Xanthan Gum, Propylene Glycol Alginate, Potassium Sorbate and Sodium Benzoate (Preservatives), Calcium Disodium EDTA added to protect flavor. Contains: Eggs

Sauce, Meat, for Spaghetti

Ingredients: Beef crumbles, pizza sauce (Heinz Bell' Orto®), Italian seasoning (Monarch®), garlic powder, black pepper, beef broth [(beef base, low sodium (Monarch®))]: Roasted Beef And Beef Broth, Maltodextrin, Sugar, Potassium Chloride, Autolyzed Yeast Extract, Beef Fat, Dextrose, Onion Powder, Hydrolyzed Soy Corn Protein, Hydrolyzed Soy Protein, Torula Yeast , Whey (Milk), Caramel Color (Contains Sulfites), Corn Starch, Natural Flavor, Canola Oil, Garlic Powder, Citric Acid, Salt, Disodium Inosinate, Disodium Guanylate, Lactic Acid, Spice Extractive, Calcium Lactate, Grill Flavor (From Soybean Oil). Contains: Soy, Milk.

Sauce, Pasta (Monarch®)

Ingredients: Tomato Puree (water, tomato paste), diced tomatoes, less than 2% of soybean oil, salt, sugar, spice, dried garlic, dried onion, natural flavor, olive oil, citric acid.

Sauce, Pasta, for Spaghetti

Ingredients: Sauce, pasta (Monarch®), Italian seasoning (Monarch®), garlic powder, black pepper.

Sauce, Pizza (Heinz Bell' Orto®)

Ingredients: Tomato Puree (from vine ripe fresh tomatoes), salt, sugar, extra virgin olive oil, spices, and garlic powder.

Sauce, Pizza (7/11®)

Ingredients: Vine-ripened fresh tomatoes, salt and naturally derived citric acid. Gluten free.

Sausage Patty (Advanced Pierre®)

Ingredients: Ground pork (not more than 20% fat), seasoning (dextrose, flavorings, hydrolyzed corn protein, caramel color), water, salt, caramel color.

Seasoning, Italian (Monarch®)

Ingredients: Oregano, Marjoram, thyme, basil, rosemary, sage

Snack Mix, Munchies Munch Mix (Frito Lay®)

Ingredients:

QUAKER® Oatmeal Squares - Brown Sugar: Whole Oat Flour, Whole Wheat Flour, Brown Sugar, Sugar, Maltodextrin (Made from Corn), Malted Barley Extract, Molasses, Salt, Baking Soda, Mixed Tocopherols (To Preserve Freshness), Natural Flavor, Reduced Iron, and Folic Acid.

ROLD GOLD® Heartzels® Pretzels: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate.

SUNCHIPS® Harvest Cheddar® Flavored Mini Whole Grain Snacks: Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk.

SMARTFOOD DELIGHT® White Cheddar Cheese Popcorn: Popcorn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Reduced Lactose Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Whey Protein Concentrate, Whey, Natural Flavors, Buttermilk, Potassium Chloride, Lactic Acid, and Citric Acid.

CHEETOS® Asteroids Cheese Flavored Snacks: Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Canola Oil, Maltodextrin [Made from Corn], Natural and Artificial Flavors, Salt, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, Artificial Color [Yellow 6]), and Salt. Snack mix contains milk and wheat ingredients.

Soup, Tomato (Campbell's® Healthy Request)

Ingredients: Tomato Puree (Water, Tomato Paste), Water, Wheat Flour, Sugar, Contains Less Than 2% of: Salt, Vegetable Oil (Corn, Canola, and/or Soybean), Citric Acid, Ascorbic Acid (Vitamin C), Flavoring, Celery Extract, Garlic Oil. Contains: Wheat.

Strawberries & Blueberries Cup

Ingredients: Strawberries, Blueberries, Sugar

Strawberry Cup – Strawberries, sugar

Strawberry Topping for Waffles

Ingredients: Strawberries, sugar (Monarch®), corn starch (Argo®), vanilla flavoring (Monarch®).

Sunflower Seeds, Honey Roasted (Sunrich Naturals®)

Ingredients: Sunflower kernels, sugar, sunflower oil, honey, salt, maltodextrin, xanthan gum.

Syrup (Smucker's®)

Ingredients: Invert sugar, water, contains 2% or less of molasses, natural flavors, sea salt

Taco Seasoning (Del PASADO®)

Ingredients: Seasoned with dextrose, salt, corn flour, chili pepper, cumin, onion powder, garlic powder, oregano, citric acid, silicon dioxide (anticaking agent), extractives of paprika.

Taco, Soft Beef

Ingredients: Tortilla, flour, 6" (Tacomex®), Beef Crumbles, Taco Seasoning (Del PASADO®);
Optional: Lettuce and Cheese Cup, Salsa (Pace®).

Tortilla, Flour, 6" (Tacomex®)

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, palm oil, contains less than 2% of each of the following: mono- and diglycerides, salt, wheat gluten, calcium propionate preservative, fumaric acid, sodium aluminum phosphate, potassium sorbate preservative, baking soda, guar gum, sunflower oil, enzymes, sodium metabisulfite added as a dough conditioner, microcrystalline cellulose, corn starch, dicalcium phosphate, magnesium stearate. Contains: Wheat.

Turkey, Sliced (Jennie-O®)

Ingredients: Turkey thigh meat with a portion of ground turkey thigh trim added, vinegar, sugar, contains 2% or less sea salt, cultured celery powder, salt, potassium chloride, baking soda, natural smoke flavor. Contains no allergens or gluten.

Uncrustables, Grape (Smucker's®)

Ingredients: Peanut butter: peanuts, sugar, contains 2% or less of: molasses, fully hydrogenated vegetable oils (rapeseed and soybean), mono and diglycerides, salt. bread: unbleached whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, contains 2% or less of: wheat gluten, soybean oil, salt, dough conditioners (distilled mono and diglycerides, sodium stearoyl lactylate, datem, enzymes [with wheat starch, ascorbic acid, calcium peroxide]). grape jelly: sugar, grape juice, contains 2% or less of: pectin, citric acid, potassium sorbate (preservative). Contains: peanuts or peanut derivatives, wheat or wheat derivatives

Uncrustables, Strawberry (Smucker's®)

Ingredients: Peanut Butter: Peanuts, Sugar, Contains 2% or Less of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono and Diglycerides, Salt. Bread: Unbleached Whole Wheat Flour, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% or Less of: Wheat Gluten, Soybean Oil, Salt, Dough Conditioners (Distilled Mono and Diglycerides, Sodium Stearoyl Lactylate, DATEM, Enzymes [with Wheat Starch, Ascorbic Acid, Calcium Peroxide]). Strawberry Jam: Sugar, Strawberries, Contains 2% or Less of: Pectin, Citric Acid, Potassium Sorbate (Preservative). Contains: wheat and their derivatives and peanuts.

Vanilla Flavoring (Monarch®)

Ingredients: Water, caramel color, artificial flavor, citric acid, sodium benzoate (preservative).

Vegetable, California Blend (Monarch®)

Ingredients: Broccoli, cauliflower, carrots.

Vegetables, Mixed

Ingredients: Mixed Vegetables: diced carrots, corn, green beans, and peas, with no added salt; Garlic Powder, Butter Cooking Spray (Vegalene®).

Waffle, Maple (Bake Crafters®)

Ingredients: Whole Wheat Flour Blend (Whole Wheat Flour & Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Soybean Oil, Sugar, Nonfat Milk, Eggs, Less than 2%: Soy Lecithin, Maple Bits (Sugar, Whole Wheat Flour, Soybean Oil, Natural Flavor, Cellulose Gum, Yeast Extract), Natural Maple Flavor, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Mono Calcium Phosphate), Salt, Wheat Bran. Contains egg, milk, soy, and wheat ingredients. Contains bioengineered food ingredients. This product is produced in a nut-free facility.